

official program

h/p/cosmos dealer meeting

(for dealers only)

&

sports & rehab solutions workshop

(open for dealer & clients)

26-28th June 2017

Munich / Germany



Holiday Inn, Inselkammerstraße 7-9, 82008 Unterhaching

h/p/cosmos dealer meeting (for distributor only)

Monday 26th June

08:45 **Welcome at h/p/cosmos**

Company introduction, philosophy, markets, clients



09:45 **h/p/cosmos products & treadmill solutions**

Treadmill range, specifications
Other products

10:30 **Coffee break**

10:45 **h/p/cosmos sports solutions**



Treadmills for walking, running, cycling, wheelchair, cross-country
Training, sports medicine, diagnostics, science, biomechanics
Special & customized solutions
Sprinttraining



12:30 **Lunch break**

13:30 **h/p/cosmos medical solutions**



Gait rehabilitation (ortho & neuro)
Robowalk expander system - AGC
Geriatrics, pediatrics, cardiology, angiology
Gait analysis,



15:00 **Coffee break**

15:15 **New h/p/cosmos products & special solutions**

Ergometer bike, cardio line
Gait analysis, 1D and 3D treadmill
Altitude chamber
Discovery ladder ergometer, comet sprinttrainer



16:15 **Marketing & Sales strategies**

Sales approaches, best practice
Market segmentation, mailing & action templates
Story telling
Competition overview



17:00 **Dealer Success Plan "How to become a successful partner"**

9-point plan
Event planning
Action plan
Response time



18:00 **End**

18:30 **Bus pick-up for Dinner**



Sports Solutions Workshop (for distributors & clients)

Tuesday 27th June

08:30 The World of Sports at h/p/cosmos

Introduction

08:45 “Winners trust h/p/cosmos” - Performance Diagnostics

Treadmills for walking, running
Oversize treadmills for cycling, wheelchair
World’s biggest treadmill – “The Beast” – for nordic skiing
Cardiopulmonary exercise testing (VO2max test)
Lactate threshold test
Sport specific interval protocols



10:15 Coffee break

10:30 Sports Science – “customization for scientists”

Self-paced training (speedcontrol)
Climate chamber solutions
Inflatable altitude chamber



11:00 Sports Rehabilitation – Return to Play

Adjustable gravity treadmill with robowalk expander
Early post-surgery rehab for athletes
Multi-purpose solution for rehab, diagnostics, rehab, etc.



11:30 Biomechanics of walking and running – by Dr. Massimo Penta

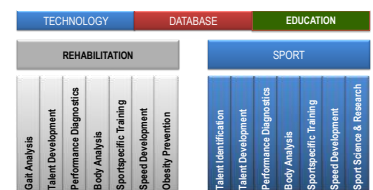
Integrated optical LED motion & gait analysis system - Microgate
Integrated pressure distribution platform - Zebris
Integrated force measurement: 1 D dimension GRF - Arsalis
Integrated force measurement: 3 D dimension - Arsalis
Video based motion analysis - SIMI



12:45 Lunch break

13:30 SpeedLab – by Mike Antoniadis

Concept - “Improve your game speed”
Components: Hardware, Education
TRS – The Running School concept
Teaching HOW to run
Teaching HOW to run faster
Agility, multi-directional speed
DMS – Dynamic Movement Skills



16:00 Workshop End

16:30 h/p/cosmos partner meeting (for distributors only)

18:30 Bus pick-up for Dinner

Rehab Solutions Workshop (for distributors & clients)

Wednesday 28th June

08:30 **The World of Rehabilitation at h/p/cosmos**

Introduction

08:45 **Treadmill solutions medical applications**

Cardiology, angiology, pediatrics, bariatrics, geriatrics
Orthopedic rehabilitation



09:45 **NEW bike ergometer / cardio solutions for therapy & testing**

Cardiology, angiology, pediatrics, bariatrics, geriatrics



10:15 **Coffee break**

10:30 **Modern art of Gait Rehabilitation by Teresa Wong**

Overview state-of-the-art gait rehabilitation
Reconnection vs. compensation
Active vs. passive gait rehabilitation
Expander technology as sensorimotor training system
Evidence based rehabilitation



11:15 **Stroke & Neuro Rehabilitation with treadmill solution by Teresa Wong**

Hands-on workshop on locomotion treadmill with unweighting & robowalk
Gait analysis and training with visual and acoustic cueing

12:45 **Lunch break**

13:30 **Case report – “fighting frailty” in seniors with great success**

14:00 **Movement Re-patterning for rehab**

Re-education of movement patterns after injury, surgery or inactivity
Sensory motor amnesia
Neurological issues – stroke patients, cerebral palsy
Seniors – Falls Prevention
Muscle Activation & Recruitment
Kids Movement Dysfunction



15:15 **Return to Sports: strategies for fast recovery**

Backwards walking, retro ambulation
Adjustable gravity treadmill with robowalk expander
Early post-surgery rehab for athletes
Multi-purpose solution for rehab, diagnostics, rehab, etc.



16:00 **Workshop End**

16:30 **h/p/cosmos partner meeting (for distributors only)**

18:30 **Dinner**