

running machine: **mercury®**  
 manufacturer: h/p/cosmos sports & medical gmbh / Germany  
 order number: cos30000va04  
 applications: sports and fitness endurance training, walking and running  
 control: via UserTerminal MCU5 with keyboard and display, integrated interface or via optional remote control  
 running surface: L: 150 cm (4ft 11.06") W: 50 cm (1ft 7.69")  
 special sizes available at extra charge  
 access height: 18 cm (7.09")  
 - shock load reduction for the joints  
 - running belt with slip resistant surface  
 - max. permissible load: 200 kg (440 lbs)  
 - optional 300 kg (660 lbs) at extra charge  
 speed range: 0...22.0 km/h (0...6.1 m/s) (0...13.6 mph)  
 special speed available at extra charge:  
 0...10 km/h (0...6.21 mph)  
 0...30 km/h (0...18.64 mph)  
 acceleration: 7 acceleration / deceleration levels  
 between 131 s and 3 s from 0 to max. or from max. to 0;  
 equals 0.047...2.037 m/s²  
 programmable via para control PC software  
 elevation: 0...25.0 % (0...14.0°) motorized adjustment  
 (-25 %...+25 % when using optional reverse belt rotation)  
 running direction: switch for reversing running belt direction at extra charge.  
 max. permissible reverse speed 5 km/h (3.1 mph) if no  
 safety-harness with fall-stop prevention system is used.  
 motor system: 3.3 kW (4.5 HP) 3-phase AC motor, maintenance free and  
 brushless; 20 years warranty on main drive motor.  
 For high-performance applications we recommend  
 models with a 3-phase 3x400 volt power supply and a  
 running surface min. 190/65 cm.  
 power transmission: frequency inverter, poly-V-belt, very quiet operation  
 safety systems: CE; machinery directive 2006/42/EC;  
 EN 62366; EN 62304; EN 62353; ISO 20957-1;  
 EN 957-6; EN 14971; EN ISO 13485;  
 emergency-off safety stop switch (mushroom push button  
 for drive system power-off); emergency stop switch  
 (safety lanyard with actuator, pull cord and clip)  
 degree of protection: appliance class I (⏏) / IP 20  
 classification: sports and fitness device; not for medical,  
 not for therapeutic applications  
 usage class: S, I according to ISO 20957-1  
 accuracy class: A (high accuracy) according to EN 957-6  
 earth leakage current <1.5 mA  
 ambient condition: temperature: +10...+40 °C (-30...+50 °C on request)  
 humidity: 30...70 % (up to 100 % on request)  
 air pressure: 700...1060 hPa; 3,000 m (~10,000 ft) max.  
 altitude without pressurization  
 display (resolutions): 6 LCD displays, 4 LEDs for operation modes,  
 20 LEDs for display of units & profile no, steps, etc.  
 speed (0.1 km/h or m/s or m/min or mph), time (00:00) in  
 hours, minutes & seconds, elevation (0.1 % or degrees)  
 distance (1 m...999.9 km or miles), METS (1 MET)  
 program step/number, energy (1 kJ/kcal), fitness index (1)  
 power (1 Watt), heart rate (1 bpm / beat per minute)  
 heart rate monitoring: POLAR wireless transmitter, 1 channel receiver;  
 automatic control of speed and elevation according to  
 programmed target heart rate ("cardio mode")  
 digital interface: 1 x RS 232 com1 with 9600 bps: incl. PC-protocol,  
 h/p/cosmos coscom® & printer protocol serial.  
 option extra charge: USB-RS232-converter;  
 com2; com3 with 115200 bps; com4.  
 programs: 42 programs / profiles  
 - 6 exercise profiles (scalable, more than 100 variations)  
 - 28 test profiles (UKK 2 km Walktest, Bruce, Graded test,  
 Naughton, Ellestad, Gardner, Conconi, Ramp, etc.)  
 - 8 free definable programs with 40 program steps each  
 PC software (incl.): h/p/cosmos para control® for display & remote control  
 including 1 x RS232 interface cable 5 m (16ft 4.85").  
 PC software: h/p/cosmos para graphics®, para analysis® & para motion®.



(extra charge) PC software for control, monitoring, recording & analysis.  
 accessory (incl.): user manual, drinking bottle holder with 2 h/p/cosmos 0.5 l bottles, service box, special oil  
 colour of frame: pure white RAL 9010 (powder coated)  
 handrails: steel tube handrails Ø 60 mm on both sides;  
 other handrail designs & front-crossbar at extra charge  
 voltage supply: 230 volt AC 1~/N/PE 50/60 Hz 15-16A fuse;  
 dedicated circuit, line and protection;  
 size of frame: L: 210 cm (6ft 10.68") B: 82 cm (2ft 8.28")  
 H: 136 cm (4ft 5.54")  
 net weight: device approx. 200 kg (441 lbs)  
 gross weight: device approx. 320...350 kg (704...770 lbs)  
 Optionally available at extra charge are special frame colours, other handrail designs, special voltage supply and other options and accessories.  
 Weight and package specifications can deviate according to options, accessories packing and way of transport. E&OE. Subject to alterations without prior notice.  
 Please consider the natural and physical performance limitations of the single phase 230 volt power supply. The single phase 230 volt power supply is sufficient up to normal fitness or therapy applications. For all special high performance applications (speed running, controlled jump-ons, sidesteps, heavy subjects at higher speed, extreme elevations, etc.), we recommended models with a 3-phase, 3x400 volt power supply (for example model h/p/cosmos quasar med 3p, pulsar 3p, venus or saturn).

**Warning!** Installation, commissioning, instruction, maintenance and repair work only to be conducted by h/p/cosmos trained and authorized personnel. For treadmills with oversized deck (width >65cm), for children, special applications, without sufficient safety space behind the treadmill, for subjects and / or patients with health or other limitations (e.g. visual impairment, etc.), for running at high speed and / or for all individuals, where a fall triggers a dangerous risk of injury or death (e.g. newly operated hip patients, invasive probes, etc.), a fall prevention system is obligatory (e.g. safety arch with chest belt and harness or a weight support system). For more information see the instructions for use. Safety space behind the treadmill: min. L: 2 m (6ft 6.74") x treadmill width. Children are only allowed to be on the treadmill, if under permanent supervision and secured by a fall prevention system.